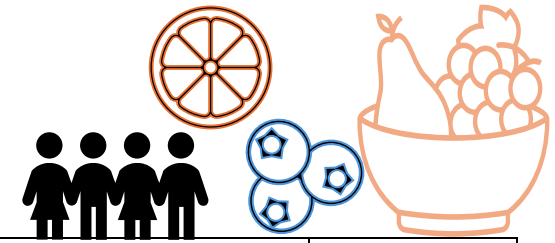


Week 4-



	<u>Snack</u>	<i>Allergens</i>	<u>Lunch</u>	<i>Allergens</i>	<u>Dinner</u>	<i>Allergens</i>
Monday	Crumpets	Wheat.	Macaroni cheese & broccoli. Fruit cocktail & yoghurt	Wheat, Milk. Milk.	Cheese & tomato quesadilla. Passion cake squares.	Wheat, Milk. Wheat.
Tuesday	Fresh fruit.	-None-	Shepherds pie, carrots & peas. Mandarin & yoghurt.	Mustard, gluten, fish. Milk.	Assorted sandwiches and salad. Cookies.	Wheat, milk, egg. Wheat.
Wednesday	Crackers & cheese spread	Wheat, milk.	Vegetable biryani. Banana buns.	- Wheat, milk.	Egg & cheese pitta, with veg sticks. Semolina & Raspberries.	Egg, Milk, wheat. Milk, wheat.
Thursday	Veg sticks & chive dip	Milk, Egg	Chicken dinner. Strawberry jelly.	Gluten. -	Cheese scones with ham & soft cheese. Coco crispy cakes.	Milk, wheat. Barley, Milk
Friday	Fresh fruit.	-None-	Beef & mushroom stroganoff. Yoghurt	Milk, mustard, wheat. Milk.	Lemon chicken wrap & veg sticks. Bananas & custard.	Wheat, milk. Milk.



